12th Annual Fun Run/Walk Saturday, September 27th

Woodward Park (Fresno, CA) Mountain View Shelter 8:00am-12:00pm

Park entry fee will be charged \$5 per car or \$3 per car with senior citizen



Day of event will include a presentation of colors, flag stretch, memorial ceremony/walkway, dove release, D.J., entertainment and games, free food, resource & vendor fair and silent auction!

For more information go to: www.fresnosos.org

Pre-registration & T-Shirt Pick-Up: Saturday, September 13th 10:00am-2:00pm Sports Authority in River Park, Fresno

Cost to Register: Under 18- \$15.00 Ages 18+ - \$20.00 Grans/Military— FREE (V

Veterans/Military-FREE (With I.D.)

Register a team of 6 and get the 7 th free. Limited number of scholarships available. Call our office at (559)322-5877

Memorial Signs \$30 each.

(Free T-Shirt to the first 100 to register)



Fresno County Behavioral Health/ Cal MHSA

Event Patron

In Memory of Michelle Shorey

Expo Décor

Thrivent Financial
for Lutherans
The Stubblefield Family
In Memory of Brett Stubblefield
The Ginise Family
In Memory of Shelby Ruether
EECU
Education Employees Credit Union

Event Supporter:

Jacquelyn Johns

Lucido Properties

Pro Race Group

Wings Away

Priscilla Brooks

In Memory Of Clifford E. Widmer, III

Prospect Mortgage

Losee Family

In Memory of Kevin Losee

Kings View

The Silva Family

In Memory of Joseph R. Silva

The Cottom Family

In Memory of Nicholas Cattelan

Family and Friend Memorial:

Fresno Rack & Shelving Co. Inc.

In Memory of David Gallagher

Leann Gouveia

In Memory of Sharon Ann Ennis

The Fiorentino Family

In Memory of Jack Fiorentino

The Wathern-Farris Family

In Memory of Stephen S.E. Beals

Susan Napolitano, Ph. D.

In Memory of Zac Bettencourt

Ray Falkenberg

In Memory of Bryan

Side by Side Sponsor (Veterans): Valerie Forward, Ph.D.

Fresno Survivors of Suicide Loss

12th Annual

Fun Run/Walk

Saturday, September 27th

Fighting the War on Suicide Courage & Strength...Side by Side



www.fresnosos.org

(559)322-5877



Support SOS

In addition to your registration you can help SOS by acquiring sponsors. Here is how:

Option #1:

Talk to your family and friends —ask if they are willing to support you and Fresno SOS by making a donation of any amount.

Option #2:

Collect your sponsor's contact information on the enclosed sponsor sheet by including their name, contact information, and amount donated.

Option #3:

When you have collected all of your donations, bring the total amount collected to the Fresno SOS office by 9/13/2014

> This applies to raising sponsorships only. Other donations not included.

Prizes Include:

Raise \$500-749: 2 free event registrations, t-shirts included, & a \$25 gift card Raise \$750-999: 4 free event registrations, t-shirts included, & a \$50 gift card Raise \$1,000+: 5 free event registrations, t-shirts included. 2 memorial signs, & a \$100 gift card

Veterans Suicide Prevention

The transition from active duty service to civilian life is not seamless for many Veterans. The challenges Veterans face in numerous areas in life can place Veterans at higher risk for mental illness. Depression is one of the most common mental health disorders in the United States. In the Veteran population, depression is especially high, accounting for 14 percent of the total quantity of depression diagnoses. From 2000-2007, of the 206,000 Veterans entering the VA Health Care System, 1 in every 3 were diagnosed with at least one mental health disorder. Like their active duty counterparts, Veteran suicide is alarmingly high. It is estimated that 22 Veterans take their lives every day, with Veterans over the age of 50 accounting for 69 percent of all Veteran suicides. Since 2007, every VA hospital staffs a Suicide Prevention Coordinator who is charged specifically to aid Veterans who are at high risk for suicide. Moreover, the Veterans Crisis Line is an asset that is available to both Veterans and civilians 24 hours day, 7 days a week, and 365 days a year. The VA is committed to reducing the incidence of suicide and its associated stigma.

> For more information call: (559)225-6100

| * | Veterans Crisis Line |
|---|--------------------------|
| | 1-800-273-8255 PRESS (1) |

| Print | | Team name | Team name if Applicable | |
|---|---------------------|--------------------------------|-------------------------|-----------------------------|
| Address | | City | State | Zip |
| Phone E | E-mail | • | | |
| T-Shirt Size: Kids: S M L Adult: S M L XL 2XL Lam unable to run/walk but would like to volunteer. | $M - L XL_{-}$ | _ 2XL Lam unable to run | 1/walk but would l | ike to volunteer |
| Waiver: In consideration for acceptance of my entry, I waive and release forever any and all rights in claims for damages I may have agains | y, I waive and rele | ase forever any and all rig | hts in claims for d | amages I may have agains |
| Courage & StrengthSide by Side Run/Walk, The City of Fresno and all sponsors, Run/Walk officials, and volunteers for any injuries suffer | ty of Fresno and a | ll sponsors, Run/Walk off | icials, and volunte | ers for any injuries suffer |
| related to this event. I attest to being physically fit to participate and have full knowledge of the risks involved. | participate and h | ave full knowledge of the | risks involved. | |
| Signature: | Si | Signature: | | |
| Cionotano nomina fon DACII nonticinonti | no utioin out! | | • | Additional Doutions |

t Fresno SOS and the ed by me during or

> Security Code: (last 3 digits on back of card) We will accept Discover, Visa, MasterCard, American Express and debit cards with these logos.

MEMORIAL SIGNS: In memory of my loved one, I would like to sponsor a memorial sign to be posted at the event.

signs @ \$30.00 per sign. My sign should read in memory of

I would like to purchase

Card Number:

Parent's Signature (If under 18)

Fresno SOS, 2585 E. Perrin Ave., Ste. #102, Fresno, CA 93720 Please cut and mail your entry along with a check to: Fresno SO 2585 E. Perrin Ave., Ste. Sign here to authorize the charge to your account:

limited number of scholarships are available for runners and walkers only. Please call our office for more details.